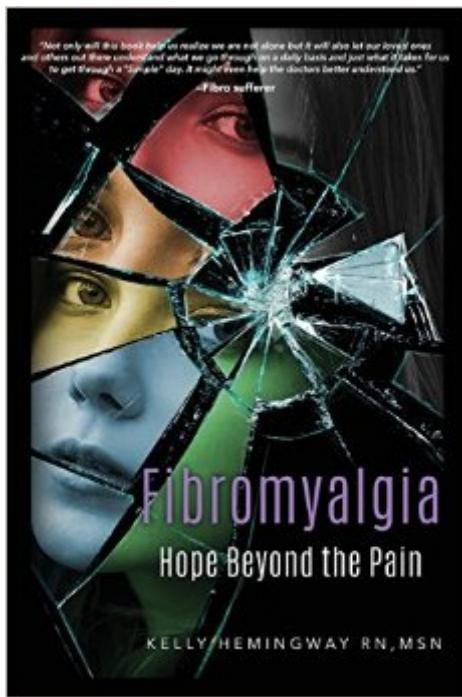


The book was found

Fibromyalgia: Hope Beyond The Pain



Synopsis

I have been a nurse for 22 years after working my way from welfare to a Master's Degree in Nursing with a Specialization in Education because of my deep passion to be a nurse since the age of 5. As you can imagine, I was devastated after having to give up my full time teaching position at a community college and nursing career after my health hit a brick wall in 2010. I am now considered disabled due to fibromyalgia and multiple other chronic illnesses. This book is written through the eyes of both a nurse and patient which give me unique insight and perspective concerning ways to help others. I want to turn my mess into my message and my test of faith into a testimony. I want my illness to serve a greater purpose, and not go in vain.

Book Information

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Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (12 customer reviews)

Best Sellers Rank: #286,814 in Books (See Top 100 in Books) #72 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Chronic Fatigue Syndrome & Fibromyalgia #105 inÂ Books > Medical Books > Pharmacology > Pain Medicine #308 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Pain Management

Customer Reviews

Very informative book about this horrible condition, it is good for the person suffering as well as helping friends and family understand the condition. It is also a valuable tool for medical professionals treating patients with Fibromyalgia

I really have enjoyed reading your book. It offers a direct insight into the lives of people who battle fibromyalgia. Thank you for your courage, determination and years of service in the healthcare industry. May your burdens be light and your blessings enormous!

This is yours:Kelly, I am inspired by the amazing job you have done with this book. You have

impressed me with your ability to capture this horrific disease in words while being held prisoner in your own skin with the pain. You truly have been chosen to bring hope and blessings to thousands by the grace of God. Your words regarding depression are spot on. As with any type of recovery or healing, depression takes work, and you have empowered your readers by providing options for overcoming some of the side effects of this devastating monster. Thank you for your facts, your humor, and your love for the fibro community. Knowledge is power, power provides control, and control helps light the way in an otherwise very dark world of fibromyalgia.

This book is so informative for those of us with fibromyalgia and also is chalked full of information for family and friends so they can really understand the life we have to live now. Thank you Kelly Hemingway for writing this book.

Wow! It's ALL.here. All my questions are being answered. This is a very informative and well written book. I most like the links provided to do further research and to cite the science behind fibro. Well done, Kelly!

Great resource for anyone with fibro or chronic illness. I am a nurse educator and learned so much from this book! Chapter 4 contains information for anyone needing to learn about the power of positive thinking and coping with any problem not just fibro or chronic pain.

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Are Not Your Pain: Using Mindfulness to Relieve Pain, Reduce Stress, and Restore Well-Being---An Eight-Week Program
Violins of Hope: Violins of the Holocaust--Instruments of Hope and Liberation in Mankind's Darkest Hour
Hope For Fitzwilliam (Hope Series Trilogy Book 2) One & the Same: Connecting Fibromyalgia, Chronic Fatigue Syndrome, Candidiasis & Immune System Dysfunction
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